

What can I expect from Virtual Maternity Care throughout my pregnancy at the Easy Access Clinic?



Commonsense Childbirth Easy Access Clinic

FIRST TRIMESTER **6- 13 WEEKS OF PREGNANCY**

The first prenatal visit is as early as 6 weeks from the first day of your last menstrual period. Then every 4-6 weeks until 20 weeks. You will be referred for your prenatal lab panel which includes blood and urine testing screening for blood type, antibodies and rules out possible infections, possible anemia, sickle cell trait, and may include genetic screening tests. You will also be referred for your first trimester ultrasound.

SECOND TRIMESTER **14- 28 WEEKS OF PREGNANCY**

You will have a visit every 4-6 weeks until 20 weeks, then every 4 weeks until 28 weeks. Your Anatomy Screen ultrasound is due around 20 weeks gestation and provides a thorough look at your baby's development and organs. You will be referred for your 28 week prenatal lab panel which includes blood and urine testing which screens for gestational diabetes, anemia and any infections.



THIRD TRIMESTER **29 - 41 WEEKS OF PREGNANCY**

You will have a visit every 2 weeks up to 36 weeks, then every week until delivery. Your third trimester is due around 32 - 36 weeks gestation and checks on your baby's development as well as position in the uterus. You will be seen in the office for your 36 week lab test as well as pelvic exam which includes blood, urine, and vaginal cultures screening for anemia and any infections, including group B Streptococcus. After 37 weeks for full chart including labs and reports will be forwarded to your hospital of choice ready for your delivery while you continue your prenatal care through our service with our providers.